Comments on community Paediatrics by Dr Dorothy Chan/PWH

Additional to current suggested curriculum, I would like to add on some points as follows

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| Topics | Basic Training | Basic Training | Higher training |
|  | Primary Care  Aim for health promotion and preventive measures. | Secondary Care  Aim for early identification and intervention on medical and social condition | Tertiary Care  Aim for specific intervention for complicated condition. |
| Childcare | 1. Infancy  * Breast milk feeding * Infant nutrition * Winding * Feeding behaviour * Weaning * Infant sleep pattern  1. Home safety  * Cribb * Pillow usage * Co-sleep  1. Disinfection of feeding utilities or clothing 2. Temperature regulation esp over/der dressing 3. Skin care 4. Early Childhood 5. Nutritional and dietary change  * Adopt health diet  1. Change of sleep pattern 2. Establish health lifestyle with regular exercise and play time 3. Common growth problem like poor weight gain and poor growth in height 4. Understand the educational system esp KG and community resources of subsidies in HK | 1. Infancy  * Diet and nutrition problem * Infant sleep problem * Parent child interaction (attachment) * Other common observation: hiccup, sneezying * Common skin problem Mx like cuddle head, napkin rash * Common neonatal medication condition : Regurgitation, Jaundice * Feeding behavioural problem like food refusal, inappropriate weaning technique e.g. BLW * Counselling on nutrition for specific groups like vegetarians  1. Early Childhood 2. Feeding problems 3. Failure to thrive 4. Sleep Problems like sleep tantrums, sleep terrors, sleep association syndrome, tooth glinting 5. Poor lifestyle routine | 1. Identified unusual childcare practice with immediate risk 2. Management on complicated social background or maternal condition that is classified as high risk cases that is affecting the child e.g. maternal SA or psychiatric illness 3. Chaotic lifestyle need multidisciplinary approach |
| Developmental and Behavioural Paediatrics | * Knowledge on normal parent child interaction * Knowledge on early childhood development * Developmental facilitating skills * Positive parenting * Can perform clinical developmental screening assessment * Able to conduct a full developmental history | * Early identify developmental delay and provisional diagnosis of developmental disorder * referral for appropriate intervention * Knowledge on community resources for rehabilitation and referral logistics * Evaluation and investigation for possible underlying pathological diagnosis like syndromes, genetics, metabolic or social deprive etc * Good communication skill in breaking the bad news * Manage common behavioural problems:   Food refusal, pricky food, temper tantrums, school refusal, emotional control, recurrent abdominal pain, somatic symptom, anxiety symptom   * Identify high risk behaviour like SA or sexual behaviour | * Formulate a specific individualized intervention * Collaborate with other professionals like social workers or therapist for social intervention and parental counselling and support. |
| Childhood Immunization program |  | * Advice on travel vaccination * Additional advice on postponement of vaccination like after IVIG * Advice on additional vaccination like family history of H.Influenza mortality hx * Advice on essential vaccinations which is not provided in routine like rotavirus, HPV COVID etc * Immediate management on complication of vaccination like anaphylaxis | * Counselling for high risk recipient of vaccinations * Counselling for naturalist on vaccination |
| Health promotion | To facilitate on establishment of healthy lifestyle (individual case level)   * Promote healthy diet * Regular exercise * Promote sleep hygiene and routine * Preserved free play time * Parent child quality time * Sexual education * Basic home management in common medical condition like fever, URI, GE etc | Promote healthy lifestyle at professional level   * Conduct talks or seminars to parents, teachers, social workers and other health care professionals   Manage secondary healthcare level community paediatric problems   * Overweight and obesity * Dietary and exercise prescription | Advocate healthy lifestyle at public level   * Thru public medias or public seminars   Referrals to approapriate subspecialist on complicated community Paediatrics medical problems |
| Social Paediatrics and Child Protection | * Home safety * Able to obtain a detail social history * Understand the social security system * Understand the child protection procedures and district related contacts | * Identify the high risks condition * Collaborate with other professionals in conducting home visit * Understand the concept of Risks and Needs assessment * Collaborate with other professionals like school teachers, case workers, therapist, psychologist etc * Handling sexual abuse * Handling Neglect cases | * Conducting welfare plan with other professionals in formulating the tangible measures for the “Needs” * Continue monitoring for “Risks” of child abuse * Lead, initiate and participate in the welfare plan meeting/ MDCC for welfare plan formulation |